

List of Supplies

Class: Sumi-e: Painting from the Heart

Instructor: Susan Frame

Class will focus on contemporary interpretations of landscapes and flowers. Emphasis is on brushwork, composition, and experimental techniques including the use of transparent and opaque colors.

Susan will bring one-ply xuan paper for everyone to use/purchase as needed at class, approximately \$2.35/sheet (27" x 54" -- we'll cut to smaller sizes.)

Susan can also bring ink, Chinese colors and brushes for new or returning students, but please let me know before July 20 if you need them. Approximate cost for basic supplies including ink, 18 tube box of Magi-Wap Chinese painting colors, and 2 brushes: \$55 and up, depending on which brushes you choose. We will discuss individual needs for brushes, and I'll have a variety of brushes to fit various budgets. These prices are not fixed and may change.

Susan will bring ink, brushes, and Chinese colors for anyone registering last minute. Please ask the Art Colony to contact me, when you register.

If you want to buy supplies elsewhere you should look for:

- Orchid Bamboo brush Large
- White Cloud brush Large
- Sheep Hair brush #3, #2, or Large (not hake' or flat)
- Leaf vein or little skillful brush
- Bottled Chinese or Japanese ink (not India ink)
- Unsized xuan paper (sometimes called hsuan or shuen paper, not mulberry)

Color is optional. You may use black ink without color the entire time if you wish. I use both black ink and color. If you plan to use color, you will need either tube watercolors or tube Chinese painting colors.

We will mix most colors using specific "basic" colors. I use either transparent tube watercolor OR Magi-Wap Chinese painting color in tubes (Yasutomo has the Magi Wap colors under their private label. The Yasutomo box has red flowers on it.) The specific mixing watercolors are: indigo, gamboge, quinacridone red or permanent alizarin crimson, quinacridone rose/quinacridone fuchsia or permanent rose, burnt sienna. Chinese mixing colors include: indigo, gamboge, carmine, rouge, burnt sienna.

Note: Marie's Chinese Painting Colors do not work for the pouring and splashing work.



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Additional Chinese painting colors (not watercolor): white, malachite (mineral/stone) green, azurite (mineral/stone) blue, vermilion, cinnabar.

I also use the Daniel Smith line of Prima Tek watercolors, made from mineral pigments, especially Minnesota pipestone, quinacridone gold, and cascade green. The Daniel Smith colors are not required for class.

You may also use Chinese powdered mineral colors and glue.

Paper: Unsized Xuan paper. I will bring paper to class for everyone, for purchase. If you have a favorite paper, bring it along.

Board to use as flat undersurface if you choose to paint on location. You can use cardboard, foam core, drawing board. You'll need bulldog clips/masking tape to keep paper from flying off. If you're traveling from out-of-town it might be difficult to haul this along. Susan has some extras, so let her know and she'll bring one for you.

If you have a small camping stool or painter's stool that's easy to carry, bring it along if you want something to sit on (other than a rock) when you sketch/paint on location.

I will do a mounting/paper stretching demo on how to get all the wrinkles out of the painting. If you'd like to try it, you'll need a 1/4" thick or more plywood board (with as few knot holes as possible), at least 17" x 24" (could be larger, but shouldn't be smaller.)

Misc Items:

- Sketchbook or paper, pen/pencil, whatever you like to use for sketching.
- 2 flat saucers for ink.
- Small plates or saucers for color. You'll need at least 5 containers for color. Watercolor palette is optional for location painting.
- 2 large yogurt containers or other for rinsing brushes (The Art Colony has extra).
- LOTS of Newspaper.
- Old hand towels or lots of paper towels for blotting brush.
- Optional: Hair dryer.
- Spray bottle.
- Blue masking tape or fabric/paper tape.
- Sunglasses, hat, rain gear, sunscreen, bug dope.
- 4 plastic flower pots to adjust the height of the tables – allows you to easily stand while painting, without bending over the table. (Standard banquet table height. Bring whatever size flowerpot works for you to raise the table to a comfortable height.)
- Backpack or whatever you want to haul your stuff in on location. We will not be doing any serious hiking, but we will walk around a bit at our locations. Think light for location painting/sketching.

